

12 km

		(19 / 19)	Tid	Efter	
1. Steen Piil		Søllerød OK	1:25:03		
18:05 (18:05)	7:35 (25:40)	6:15 (31:55)	5:20 (37:15)	6:49 (44:04)	1:54 (45:58)
8:01 (53:59)	6:43 (1:00:42)	6:08 (1:06:50)	5:52 (1:12:42)	0:54 (1:13:36)	4:51 (1:18:27)
5:44 (1:24:11)	0:52 (1:25:03)				
2. Alex Ottesen		Ballerup OK	1:27:06	+2:03	
19:08 (19:08)	7:40 (26:48)	7:03 (33:51)	4:41 (38:32)	6:37 (45:09)	2:05 (47:14)
8:22 (55:36)	7:19 (1:02:55)	5:38 (1:08:33)	6:13 (1:14:46)	0:54 (1:15:40)	4:57 (1:20:37)
5:37 (1:26:14)	0:52 (1:27:06)				
3. Rolf Valery		Tisvilde Hegn OK	1:29:09	+4:06	
19:10 (19:10)	7:35 (26:45)	7:08 (33:53)	4:44 (38:37)	6:35 (45:12)	2:05 (47:17)
8:23 (55:40)	7:14 (1:02:54)	5:46 (1:08:40)	7:13 (1:15:53)	0:58 (1:16:51)	5:28 (1:22:19)
5:57 (1:28:16)	0:53 (1:29:09)				
4. Ole Lind		Ballerup OK	1:30:03	+5:00	
19:16 (19:16)	7:36 (26:52)	6:36 (33:28)	5:00 (38:28)	9:22 (47:50)	2:03 (49:53)
5:37 (55:30)	7:51 (1:03:21)	5:56 (1:09:17)	7:24 (1:16:41)	0:59 (1:17:40)	5:15 (1:22:55)
6:13 (1:29:08)	0:55 (1:30:03)				
5. Henrik Tøløse		Hvalsø OK	1:55:13	+30:10	
21:54 (21:54)	9:56 (31:50)	8:25 (40:15)	6:33 (46:48)	11:35 (58:23)	2:26 (1:00:49)
13:12 (1:14:01)	8:35 (1:22:36)	7:27 (1:30:03)	8:35 (1:38:38)	1:23 (1:40:01)	6:20 (1:46:21)
7:54 (1:54:15)	0:58 (1:55:13)				
6. Morten Ploug		Ballerup OK	1:56:13	+31:10	
38:12 (38:12)	10:33 (48:45)	7:06 (55:51)	5:27 (1:01:18)	8:38 (1:09:56)	2:34 (1:12:30)
6:29 (1:18:59)	8:22 (1:27:21)	6:02 (1:33:23)	8:25 (1:41:48)	1:06 (1:42:54)	5:55 (1:48:49)
6:25 (1:55:14)	0:59 (1:56:13)				
7. Leif E. Larsen		Tisvilde Hegn OK	1:57:46	+32:43	
33:22 (33:22)	12:30 (45:52)	7:28 (53:20)	6:44 (1:00:04)	8:29 (1:08:33)	2:18 (1:10:51)
8:04 (1:18:55)	8:40 (1:27:35)	6:12 (1:33:47)	7:52 (1:41:39)	1:25 (1:43:04)	6:21 (1:49:25)
7:09 (1:56:34)	1:12 (1:57:46)				
8. Jesper Allan Jensen		OK Roskilde	2:03:08	+38:05	
27:53 (27:53)	10:44 (38:37)	8:05 (46:42)	6:25 (53:07)	10:23 (1:03:30)	2:55 (1:06:25)
8:09 (1:14:34)	11:29 (1:26:03)	8:01 (1:34:04)	9:34 (1:43:38)	1:53 (1:45:31)	7:42 (1:53:13)
8:49 (2:02:02)	1:06 (2:03:08)				
9. Claus Cederberg		Ballerup OK	2:04:32	+39:29	
32:40 (32:40)	13:04 (45:44)	6:51 (52:35)	5:18 (57:53)	8:37 (1:06:30)	2:09 (1:08:39)
16:44 (1:25:23)	8:20 (1:33:43)	8:06 (1:41:49)	7:25 (1:49:14)	1:01 (1:50:15)	5:48 (1:56:03)
7:27 (2:03:30)	1:02 (2:04:32)				
10. Lars Olsen		OK Roskilde	2:13:40	+48:37	
24:39 (24:39)	14:39 (39:18)	9:06 (48:24)	7:42 (56:06)	11:10 (1:07:16)	3:02 (1:10:18)
9:16 (1:19:34)	10:54 (1:30:28)	10:02 (1:40:30)	10:10 (1:50:40)	1:40 (1:52:20)	8:14 (2:00:34)
11:55 (2:12:29)	1:11 (2:13:40)				
11. Melissa Ulsøe Jessen		OK Roskilde	2:27:48	+62:45	
24:13 (24:13)	16:43 (40:56)	9:51 (50:47)	17:01 (1:07:48)	15:39 (1:23:27)	3:06 (1:26:33)
13:24 (1:39:57)	9:12 (1:49:09)	9:58 (1:59:07)	9:19 (2:08:26)	1:42 (2:10:08)	8:19 (2:18:27)
8:13 (2:26:40)	1:08 (2:27:48)				
12. Runa Ulsøe		OK Roskilde	2:38:55	+73:52	
24:21 (24:21)	16:30 (40:51)	9:50 (50:41)	16:52 (1:07:33)	15:59 (1:23:32)	2:59 (1:26:31)
13:19 (1:39:50)	12:33 (1:52:23)	11:20 (2:03:43)	11:59 (2:15:42)	1:56 (2:17:38)	9:00 (2:26:38)
10:49 (2:37:27)	1:28 (2:38:55)				
Ebbe Kajberg		OK Sorø	Fejlklip		
27:20 (27:20)	11:12 (38:32)	8:06 (46:38)	– (–)	– (1:29:00)	2:30 (1:31:30)
7:05 (1:38:35)	10:01 (1:48:36)	33:48 (2:22:24)	9:56 (2:32:20)	1:36 (2:33:56)	7:50 (2:41:46)
11:15 (2:53:01)	1:30 (2:54:31)				
Karsten Richardt		Køge OK	Fejlklip		
37:14 (37:14)	16:45 (53:59)	11:04 (1:05:03)	9:26 (1:14:29)	12:48 (1:27:17)	3:24 (1:30:41)
8:29 (1:39:10)	– (–)	– (1:59:28)	9:27 (2:08:55)	1:11 (2:10:06)	7:35 (2:17:41)
7:58 (2:25:39)	0:57 (2:26:36)				
Charlotte Fabrin og Michael Ørtoft		Ballerup OK	Ej startet		
Henrik Nielsen		Tisvilde Hegn OK	Ej startet		
Jesper Fonager Christensen		OK Roskilde	Ej startet		
Max Prang		Fredensborg OK	Ej startet		
Ulrik Staugaard		FIF Hillerød Orientering	Ej startet		

20 km		(14 / 14)	Tid	Efter		
1. Peter Karberg		Herlufsholm OK	2:50:39			
21:52 (21:52)	4:07 (25:59)	5:56 (31:55)	9:10 (41:05)	7:06 (48:11)	5:03 (53:14)	
10:21 (1:03:35)	2:47 (1:06:22)	10:17 (1:16:39)	6:58 (1:23:37)	7:36 (1:31:13)	5:11 (1:36:24)	
8:12 (1:44:36)	12:31 (1:57:07)	5:56 (2:03:03)	5:10 (2:08:13)	5:38 (2:13:51)	9:14 (2:23:05)	
13:33 (2:36:38)	5:40 (2:42:18)	2:41 (2:44:59)	4:31 (2:49:30)	1:09 (2:50:39)		
2. Søren Fertin		Holbæk OK	2:59:32	+8:53		
21:16 (21:16)	3:55 (25:11)	5:57 (31:08)	7:47 (38:55)	6:45 (45:40)	4:30 (50:10)	
8:26 (58:36)	1:58 (1:00:34)	6:21 (1:06:55)	12:38 (1:19:33)	8:02 (1:27:35)	4:34 (1:32:09)	
8:49 (1:40:58)	11:31 (1:52:29)	5:28 (1:57:57)	13:06 (2:11:03)	8:54 (2:19:57)	7:53 (2:27:50)	
17:06 (2:44:56)	6:00 (2:50:56)	3:02 (2:53:58)	4:46 (2:58:44)	0:48 (2:59:32)		
3. Henrik Bach		Mariager Fjord OK	2:59:37	+8:58		
19:48 (19:48)	4:15 (24:03)	6:33 (30:36)	8:12 (38:48)	6:33 (45:21)	4:39 (50:00)	
8:34 (58:34)	2:05 (1:00:39)	6:17 (1:06:56)	12:34 (1:19:30)	14:48 (1:34:18)	6:40 (1:40:58)	
7:15 (1:48:13)	12:04 (2:00:17)	11:25 (2:11:42)	4:40 (2:16:22)	4:33 (2:20:55)	8:32 (2:29:27)	
15:27 (2:44:54)	5:57 (2:50:51)	2:52 (2:53:43)	5:03 (2:58:46)	0:51 (2:59:37)		
4. Bjarne Kristensen		Herlufsholm OK	3:00:01	+9:22		
22:11 (22:11)	4:28 (26:39)	15:35 (42:14)	8:39 (50:53)	7:56 (58:49)	5:51 (1:04:40)	
8:12 (1:12:52)	2:35 (1:15:27)	6:29 (1:21:56)	6:37 (1:28:33)	8:41 (1:37:14)	5:19 (1:42:33)	
9:46 (1:52:19)	13:25 (2:05:44)	6:04 (2:11:48)	4:42 (2:16:30)	4:30 (2:21:00)	8:34 (2:29:34)	
15:17 (2:44:51)	6:02 (2:50:53)	2:58 (2:53:51)	5:02 (2:58:53)	1:08 (3:00:01)		
5. Lars Mikkelsen		Herning Orienteringsklub	3:07:32	+16:53		
23:13 (23:13)	4:21 (27:34)	6:22 (33:56)	12:09 (46:05)	6:46 (52:51)	6:52 (59:43)	
10:11 (1:09:54)	2:18 (1:12:12)	8:22 (1:20:34)	8:10 (1:28:44)	11:16 (1:40:00)	5:11 (1:45:11)	
9:05 (1:54:16)	13:14 (2:07:30)	5:16 (2:12:46)	16:07 (2:28:53)	4:34 (2:33:27)	6:15 (2:39:42)	
16:03 (2:55:45)	4:54 (3:00:39)	2:33 (3:03:12)	3:31 (3:06:43)	0:49 (3:07:32)		
6. Ole Jensen		Mariager Fjord OK	3:12:24	+21:45		
19:40 (19:40)	4:09 (23:49)	6:48 (30:37)	8:01 (38:38)	6:45 (45:23)	4:30 (49:53)	
8:33 (58:26)	2:10 (1:00:36)	6:16 (1:06:52)	12:39 (1:19:31)	14:41 (1:34:12)	6:36 (1:40:48)	
7:11 (1:47:59)	12:15 (2:00:14)	24:41 (2:24:55)	3:46 (2:28:41)	4:39 (2:33:20)	6:23 (2:39:43)	
16:25 (2:56:08)	5:48 (3:01:56)	3:04 (3:05:00)	6:33 (3:11:33)	0:51 (3:12:24)		
7. Kenn Heldgaard Kristensen		Herning Orienteringsklub	3:12:32	+21:53		
23:21 (23:21)	4:24 (27:45)	6:17 (34:02)	11:54 (45:56)	7:04 (53:00)	6:35 (59:35)	
10:14 (1:09:49)	2:25 (1:12:14)	8:24 (1:20:38)	8:24 (1:29:02)	11:04 (1:40:06)	5:16 (1:45:22)	
8:48 (1:54:10)	13:45 (2:07:55)	5:32 (2:13:27)	12:07 (2:25:34)	4:59 (2:30:33)	10:41 (2:41:14)	
16:45 (2:57:59)	5:43 (3:03:42)	2:38 (3:06:20)	5:19 (3:11:39)	0:53 (3:12:32)		
8. Rune Gundersen		Tisvilde Hegn OK	3:12:43	+22:04		
24:38 (24:38)	4:48 (29:26)	7:58 (37:24)	11:22 (48:46)	7:09 (55:55)	5:21 (1:01:16)	
8:34 (1:09:50)	2:26 (1:12:16)	6:34 (1:18:50)	10:48 (1:29:38)	10:30 (1:40:08)	5:11 (1:45:19)	
8:50 (1:54:09)	13:30 (2:07:39)	5:37 (2:13:16)	15:46 (2:29:02)	4:29 (2:33:31)	6:42 (2:40:13)	
16:01 (2:56:14)	6:22 (3:02:36)	2:56 (3:05:32)	6:10 (3:11:42)	1:01 (3:12:43)		
9. Kim Hansen		Køge OK	3:13:29	+22:50		
24:35 (24:35)	4:50 (29:25)	8:07 (37:32)	11:15 (48:47)	7:14 (56:01)	5:13 (1:01:14)	
8:23 (1:09:37)	2:45 (1:12:22)	6:51 (1:19:13)	10:22 (1:29:35)	10:36 (1:40:11)	5:13 (1:45:24)	
8:33 (1:53:57)	13:21 (2:07:18)	5:38 (2:12:56)	10:14 (2:23:10)	5:13 (2:28:23)	8:11 (2:36:34)	
21:48 (2:58:22)	6:23 (3:04:45)	2:47 (3:07:32)	4:53 (3:12:25)	1:04 (3:13:29)		
10. Thomas Ullner		OK Djurs	3:14:46	+24:07		
23:04 (23:04)	4:34 (27:38)	6:22 (34:00)	12:01 (46:01)	7:02 (53:03)	6:37 (59:40)	
10:06 (1:09:46)	2:33 (1:12:19)	8:27 (1:20:46)	8:14 (1:29:00)	11:09 (1:40:09)	5:25 (1:45:34)	
8:38 (1:54:12)	13:35 (2:07:47)	5:47 (2:13:34)	12:04 (2:25:38)	5:02 (2:30:40)	10:33 (2:41:13)	
17:00 (2:58:13)	5:51 (3:04:04)	2:37 (3:06:41)	6:43 (3:13:24)	1:22 (3:14:46)		
11. Niels Kjølby		Holbæk OK	3:37:38	+46:59		
20:39 (20:39)	4:43 (25:22)	6:56 (32:18)	15:36 (47:54)	7:49 (55:43)	5:29 (1:01:12)	
8:57 (1:10:09)	5:14 (1:15:23)	5:36 (1:20:59)	17:44 (1:38:43)	10:36 (1:49:19)	4:54 (1:54:13)	
8:45 (2:02:58)	16:17 (2:19:15)	6:00 (2:25:15)	18:30 (2:43:45)	7:14 (2:50:59)	8:04 (2:59:03)	
21:57 (3:21:00)	6:37 (3:27:37)	2:57 (3:30:34)	5:58 (3:36:32)	1:06 (3:37:38)		
12. Bjark Bo Christensen		Holbæk OK	3:49:12	+58:33		
21:01 (21:01)	4:43 (25:44)	6:51 (32:35)	15:14 (47:49)	8:09 (55:58)	5:25 (1:01:23)	
20:05 (1:21:28)	2:25 (1:23:53)	10:55 (1:34:48)	8:08 (1:42:56)	9:58 (1:52:54)	5:58 (1:58:52)	
8:54 (2:07:46)	14:35 (2:22:21)	8:46 (2:31:07)	12:34 (2:43:41)	12:27 (2:56:08)	9:47 (3:05:55)	
22:44 (3:28:39)	8:42 (3:37:21)	4:09 (3:41:30)	6:38 (3:48:08)	1:04 (3:49:12)		
Volker Naulin		OK Roskilde	Udgået			
24:15 (24:15)	11:21 (35:36)	7:56 (43:32)	12:26 (55:58)	9:16 (1:05:14)	9:04 (1:14:18)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
Michael Filyo		Silkeborg OK	Ej startet			

7 km

			Tid	Efter	
1. Jesper Børsting					
25:18 (25:18)	7:58 (33:16)	Herlufsholm OK	1:05:03		
6:06 (56:03)	2:47 (58:50)	5:57 (39:13)	4:02 (43:15)	5:22 (48:37)	1:20 (49:57)
		4:58 (1:03:48)	1:15 (1:05:03)		
2. Frank Rasmussen		Ballerup OK	1:06:59	+1:56	
25:26 (25:26)	6:49 (32:15)	7:02 (39:17)	4:12 (43:29)	4:50 (48:19)	1:27 (49:46)
6:13 (55:59)	5:41 (1:01:40)	4:16 (1:05:56)	1:03 (1:06:59)		
3. Jesper R Mortensen		Herlufsholm OK	1:07:27	+2:24	
25:33 (25:33)	7:54 (33:27)	6:16 (39:43)	4:34 (44:17)	6:24 (50:41)	1:06 (51:47)
6:27 (58:14)	3:09 (1:01:23)	5:02 (1:06:25)	1:02 (1:07:27)		
4. Claus Skovsø Petersen		Hvalsø OK	1:21:01	+15:58	
31:10 (31:10)	11:00 (42:10)	5:59 (48:09)	5:02 (53:11)	6:50 (1:00:01)	1:47 (1:01:48)
7:32 (1:09:20)	3:36 (1:12:56)	6:55 (1:19:51)	1:10 (1:21:01)		
5. Niels-Henrik Holscher		O-63	1:27:59	+22:56	
34:55 (34:55)	12:27 (47:22)	6:32 (53:54)	5:34 (59:28)	8:49 (1:08:17)	2:04 (1:10:21)
7:46 (1:18:07)	3:21 (1:21:28)	5:28 (1:26:56)	1:03 (1:27:59)		
6. Jørgen Veisig		Køge OK	1:29:17	+24:14	
33:55 (33:55)	15:35 (49:30)	7:13 (56:43)	6:48 (1:03:31)	5:55 (1:09:26)	2:21 (1:11:47)
8:43 (1:20:30)	3:02 (1:23:32)	4:54 (1:28:26)	0:51 (1:29:17)		
7. Hanne Frandesen		Herlufsholm OK	1:29:51	+24:48	
37:16 (37:16)	10:51 (48:07)	8:08 (56:15)	5:02 (1:01:17)	8:48 (1:10:05)	1:26 (1:11:31)
7:42 (1:19:13)	4:02 (1:23:15)	5:22 (1:28:37)	1:14 (1:29:51)		
8. Allan Mathiassen		Herlufsholm OK	1:31:27	+26:24	
37:09 (37:09)	10:55 (48:04)	8:14 (56:18)	4:56 (1:01:14)	8:44 (1:09:58)	1:25 (1:11:23)
7:46 (1:19:09)	4:08 (1:23:17)	6:57 (1:30:14)	1:13 (1:31:27)		
9. Renata Amorim		Tisvilde Hegn OK	1:32:49	+27:46	
33:13 (33:13)	16:31 (49:44)	7:04 (56:48)	6:51 (1:03:39)	6:24 (1:10:03)	1:51 (1:11:54)
8:44 (1:20:38)	3:12 (1:23:50)	7:52 (1:31:42)	1:07 (1:32:49)		
10. Jonna Holm Pedersen		GIC	1:32:53	+27:50	
33:17 (33:17)	16:32 (49:49)	7:02 (56:51)	6:51 (1:03:42)	6:26 (1:10:08)	1:50 (1:11:58)
8:38 (1:20:36)	3:35 (1:24:11)	7:35 (1:31:46)	1:07 (1:32:53)		
11. Peter Bjørn Jensen		O-63	1:33:55	+28:52	
35:10 (35:10)	14:30 (49:40)	9:57 (59:37)	5:46 (1:05:23)	6:52 (1:12:15)	2:58 (1:15:13)
7:32 (1:22:45)	3:50 (1:26:35)	5:57 (1:32:32)	1:23 (1:33:55)		
12. Palle Møller Nielsen		Odense OK	1:39:02	+33:59	
33:23 (33:23)	16:42 (50:05)	9:27 (59:32)	5:49 (1:05:21)	10:40 (1:16:01)	1:29 (1:17:30)
8:41 (1:26:11)	4:14 (1:30:25)	7:13 (1:37:38)	1:24 (1:39:02)		
Inge Hansen		Herlufsholm OK	Udgået		
57:20 (57:20)	- (-)	- (1:50:45)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		
Maiken Mathiassen		Herlufsholm OK	Udgået		
57:20 (57:20)	- (-)	- (1:50:45)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)		
Hans-Ole Jensen		OK Sorø	Ej startet		
Marianne Dahl		OK Sorø	Ej startet		
Ninette Juul Erichsen		OK Sorø	Ej startet		